

# Valley Stream Running Club 2016 Application

Since 1979, the VSRC has provided the residents of Valley Stream, and its neighboring communities, an opportunity to learn about, participate in and enjoy a leisure activity that benefits the mind as well as the body. No matter what your ability, whether you're a runner, jogger, walker, cyclist or swimmer, fast or slow, novice or veteran, join us to improve your overall fitness, make new friends and have some fun doing it.

## Membership Application

Name: \_\_\_\_\_ M or F (Circle)

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

e-Mail: \_\_\_\_\_

Personal Training Goals and Interests: \_\_\_\_\_



Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

If under the age of 18, the application must be signed by a parent or legal guardian.

2016 Membership Fee Options (Check One):

- \$25 Individual Membership
- \$20 Senior Membership (Age 65+ as of 1/1/16)
- \$15 Out of State Individual Membership
  
- Add \$5 to convert your membership to a Household Membership (One max. Complete two applications.)

Amount Enclosed: \$ \_\_\_\_\_ Check#: \_\_\_\_\_ *Checks made payable to: The Valley Stream Running Club*

I understand that all VSRC activities are intended to promote good health, so I assume responsibility for participating as far as my own physical fitness is concerned, and for any injuries or accidents that might occur as a result. I therefore release and waive any rights or claims for damages which I might otherwise have against the Valley Stream Running Club, as well as other persons or party connected with the Club's activities, their officers, administrators, successors, members or assigns.

----- Cut & mail section above. Keep section below for your records -----

For additional questions, please contact our Club's Vice President: Randy Reisch [randy.reisch@gmail.com](mailto:randy.reisch@gmail.com)  
VSRC Website: [www.vsrunningclub.org/](http://www.vsrunningclub.org/) VSRC e-mail address: [valleystreamrunningclub@gmail.com](mailto:valleystreamrunningclub@gmail.com)

**Mail Application & Check to:** The Valley Stream Running Club  
c/o Gregg Weinstock  
18 Holiday Court  
North Woodmere, NY 11581.

Welcome! Upon processing your application, you can expect to hear from our Club's President to learn more about our club and how we can help you reach your personal goals.